Dementia Risk Calculator

**Step 1:**
Calculate age-associated risk of Dementia:

<table>
<thead>
<tr>
<th>Age</th>
<th>Risk</th>
</tr>
</thead>
<tbody>
<tr>
<td>65</td>
<td>2%</td>
</tr>
<tr>
<td>70</td>
<td>4%</td>
</tr>
<tr>
<td>75</td>
<td>8%</td>
</tr>
<tr>
<td>80</td>
<td>16%</td>
</tr>
<tr>
<td>85</td>
<td>32%</td>
</tr>
</tbody>
</table>

___Age – associated Risk

**Step 2:**
Each vascular risk factor approximately doubles the risk:

_____ (Age risk) x _____ (# of vascular risk factors) = _____ Vascular-associated Risk

**Step 3:**
A positive family history of dementia approximately doubles the risk:

_____ (Vascular-adjusted risk) x 2 (if positive family history) = _____ Total Risk

**Step 4:**
If total risk > 15 – 20 %, then proceed to Dementia Quick Screen:


**References**


(Adapted with permission from the Practicing Physician Education Project 2006) Updated 2014 by The Centre for Studies in Aging and Health.